



Sturgis Charter Public School
An International Baccalaureate World School



Dear Grade 9 Parents,

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We wanted to let you know about our upcoming Sexual Health and Wellness program. Like all schools and communities in today's world we are working on ways to support our students, not only academically, but socially and emotionally as well. We believe helping our young people make informed, well-considered decisions with accurate information is very important for health, well-being, and academic success.

Two representatives from [Independence House](#) and staff from [Children's Cove](#) will be working with our 9th graders on building healthy relationships, developing a positive body image, understanding human sexuality, and making good choices. They will speak with our grade 9 students the week of September 29-October 2. All grade 9 students will be assigned to a 50-minute session for each of the four days of their visit.

If you would like your child to be excused from these sessions, please contact their school counselor by Friday, September 25th.

In addition to the student program listed above, there will be a virtual **Parent Information Night** on Monday, September 28th, (5:00pm - 6:00pm). The Zoom link and additional information about the programming can be found [here](#). This is a great opportunity to hear a professional perspective on the challenges and choices facing today's youth. They will provide an overview of how they approach the work with your students. Questions and feedback are always welcome.

If you have any additional questions or concerns, please contact your child's school counselor.

We are looking forward to these programs and hope to see you at the parent session!

Warm regards,

Jenn Kirk, Principal
Angela Cullinan, Lead Counselor East/West



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