



Sturgis Charter Public School
An International Baccalaureate World School



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Dear Grade 10 Parents:

We wanted to let you know about two upcoming events for our grade 10 students. Like all schools and communities in today's world we are working on ways to support our students, not only academically, but socially and emotionally as well. We believe helping our young people make informed, well-considered decisions with accurate information is important for health, well-being, and academic success.

The first event is our upcoming 'Keeping Teens Healthy' program with **Glenn Hall**. From **September 22-25**, Glenn Hall will speak with our grade 10 students on the topics of drug and alcohol information, understanding addiction, alternative forms of stress management (natural highs), and intervention strategies. Glenn Hall is a senior prevention specialist, who has worked actively in the field of prevention for 30 years with Hazelden Betty Ford foundation. During those years, Glenn also helped develop and create educational curricula. His passion for prevention education stems from his personal recovery, which stands at 33 years.

In addition to the student program listed above, Glenn will host a **virtual Parent Information Night on Thursday, October 2, (6:30pm - 7:30pm)** Please use [this link](#) to access the meeting. This is a great opportunity to hear a professional perspective on the challenges and choices facing today's youth. Glenn is very informative and engaging and will provide an overview of how he approaches his work. Questions and feedback are always welcome.

If you would like your child to be excused from either of these sessions, please contact their school counselor by Friday, September 18th.

If you have any additional questions or concerns, please contact your child's school counselor.

Warm regards,

Jenn Kirk, Principal
Angela Cullinan, Lead Counselor East/West