



Sturgis Charter Public School
An International Baccalaureate World School



November 13, 2020

Dear Sturgis Families,

[Lea esta carta en español](#)
[Leia esta carta em português](#)
[用中文读这封信](#)

With the holidays rapidly approaching, some of you may be considering holiday travel to spend time with loved ones both inside, and outside of the state of Massachusetts. With that thought in mind, we would like to remind you about the strict rules the state has set forth regarding travel for Massachusetts residents, as well as the rules we have in place at Sturgis.

1. When traveling to a high-risk state for greater than 72 hours, you must:
 - fill out the “Massachusetts Travel Form”, **AND** receive a negative Covid test that was taken no longer than 72 hours prior to your return to MA, **OR** quarantine for 14 days.
2. When traveling to a high-risk state for 72 hours or less, you must:
 - fill out the “Massachusetts Travel Form”, **AND** receive a negative Covid test AFTER your return to MA, **OR** quarantine for 14 days.

The most common tests offered are the PCR and antigen (“rapid”) test. The PCR is considered the gold standard of diagnostic tests for Covid-19. The antigen test is not a diagnostic test and **MUST** be followed by a PCR test within 72 hours.

Sturgis is only accepting PCR tests at this time; your student will not be permitted to return to in person school or sports with a “rapid” or antigen test. PCR test results must be submitted to the school nurse prior to your student returning to in person schooling or sports. Please do not send your student back to in-person school or sports without confirmation from the nurse that the required testing has been received.

Low risk states that do not require Covid testing are Vermont and Hawaii. This list is updated regularly, you can find it here [MA Travel Guidelines](#).

We sincerely appreciate you doing your part to keep the Sturgis community healthy so our schools can continue in-person learning.

Kind regards,

Elizabeth Robsham, RN
Sturgis East School Nurse
508-778-1782 ext. 225
erobsham@sturgischarterschool.org

Jenna Arledge, BSN, RN
Sturgis West School Nurse
508-71-2780 ext. 414
jarledge@sturgischarterschool.org